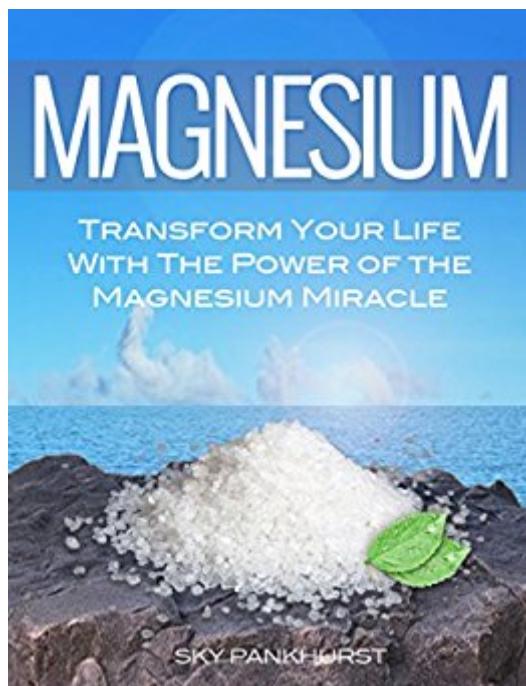


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# Magnesium: Transform Your Life With The Power Of The Magnesium Miracle



## Synopsis

\*\*\*\*\*20 FREE BONUS BOOKS INSIDE!\*\*\*\*\*Are You Ready To Transform Your Life With The Miracle Of Magnesium?FREE GIFT INSIDE! Download today and receive your free High Magnesium Recipe Book full of delicious magnesium enriched mealsHarness the magnificent power of magnesium and have abundant energy, a calm mind and perfect health.Day by day, through the non stop stresses of life, environmental pollutants, constant over working, and occasional bad eating habits; you are losing more and more of the single most important macro nutrient to your body. Magnesium. All though it is one of the most ignored components of optimal health and wellbeing, it is vital to every organ and function in your body. In fact, even a slight magnesium deficiency can drastically impact your life in countless negative ways. With this book you will be able to quickly recognise the signs and symptoms of magnesium deficiency and treat it quickly and effectively, so that you can start living your life to the fullest every single day. You deserve health. You deserve your dream body. You deserve happiness. You deserve to achieve all your goals. So let this magical mineral help you get what you deserve. Here Is A Preview Of What You'll Learn...Exactly Why You Need MagnesiumThe Benefits Of Magnesium For Your Body And MindThe Signs And Symptoms Of Magnesium DeficiencyWhat Causes Magnesium DeficiencySources Of MagnesiumEverything You Need To Know About Transdermal Magnesium TherapyMagnesium And Your Mental HealthHow To Make Your Own Magnesium Body ButterFREE MAGNESIUM RECIPE BOOK WITH BREAKFASTS, LUNCH, DINNER AND DESSERTS. Download your copy today!Tags: Magnesium, magnesium deficiency, how to cure magnesium deficiency, transdermal magnesium therapy, magnesium recipes, epsom salt, miracle magnesium, magnesium ebook, magnesium guide, magnesium benefits, minerals, macronutrients, magnesium, magnesium chloride, the magnesium miracle, magnesium for depression, magnesium for weight loss, magnesium for anxiety

## Book Information

File Size: 1802 KB

Print Length: 52 pages

Page Numbers Source ISBN: 1530003881

Simultaneous Device Usage: Unlimited

Publication Date: September 22, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B015QJTDHU

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #291,009 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #59

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Nutrition > Macrobiotics #82

in Books > Health, Fitness & Dieting > Nutrition > Macrobiotics #735 in Kindle Store > Kindle

Short Reads > 90 minutes (44-64 pages) > Health, Fitness & Dieting

## Customer Reviews

Sky does a wonderful job of laying out the power of magnesium in really transforming your life. The benefits of magnesium are truly amazing. It not only helps your physical health, but your mental health as well. Sky goes through tasty recipes that not only fill your stomach, but are packed full of magnesium. This book is perfect for anyone with a magnesium deficiency (most people) and need to get the facts from someone who really understands the role magnesium has in fixing these issues. I really enjoyed the no-nonsense style of this book and well researched content.

There is no real information in this book. I can not believe the price they are charging on what should be a free, though not very informative, pamphlet. Shame on me for not researching it a bit further. Under 50 pages and mostly recipes. This is just about the most ripped off I have ever felt buying books.

A good book about the essential mineral Magnesium. In this book I've found in which foods I can find this important mineral and I enjoyed the recipes in the book which taste great aswell.

I believe sometimes in alternative remedies and anything that can assist me in what they call spiritualism and healing so i came across this book.

good book

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